

National Service Scheme 2016-17



The National Service Scheme (NSS) at Lady Shri Ram College is a pulsating and thriving body of dedicated student volunteers and teachers who are committed to the cause of bringing about 'constructive change' and truly making a 'difference'. Selflessness and commitment resonates through the slogan of 'Not Me, But You' in all its endeavours. Our vision and passion encourage us to contribute to society through on-ground community service, and opening spaces for discussion as we set out to unpack myriad discourses. NSS LSR has been engaged in community outreach programmes that address a variety of pertinent social issues, including development of rural women, animal welfare and child rights. With this view in mind, NSS LSR has successfully built associations with over 25 NGOs and has a body of over 700 volunteers.

NSS activities for 2016-17: At a glance

The highlight of this year was 'Creative Rehabilitation And Reformation Programme 2016-17' conceptualized for female inmates of the Tihar Jail. 20 LSR volunteers and over 25 female inmates participated in this project. This project aims to rehabilitate female inmates by providing them with a creative outlet through theatre and meditative dance workshops and by imparting skills and marketing the products crafted by them in the mainstream market. This not only generates an income for the participating inmates, but also sensitises the masses about importance of criminal reformation. Finally, in December, the female in-mates of Jail No. 6 were engaged in performing and creative arts such as theatre and flow art, vocational skills including paper craft, diary making, and stitching (under the guidance of NSS-LSR project *Basta: Waste to Worth*).

Date	Event	Description
June 21 st , 2016 Meditation)	International Yoga Day	Talk and workshop (Yoga and
August 3 rd , 2016 LSR 2016-17	NSS Orientation	Introductory session to NSS-
August 16^{th} – September 1^{st} , 2016	Swacchta Pakhwara	Activities in Zamrudpur
August 22 nd , 2016	Tiranga March	Held at North Campus, DU
September 29 th -30 th , 2016 issues	Gender Sensitization	Workshops around gender
September 24 th , 2016 around the theme	NSS Day	Competitions and activities of 'Drug Abuse'
October 22 nd , 2016	Noor	Diwali Mela
October 13 th , 2016	Goonj Inititative	Cloth collection drive

December 13 th , 2016 – January 14 th , 2017	Tihar Jail Programme	Creative Rehabilitation and Reformation Programme
January 25 th , 2017	Voters' Day Oath	Raising conscious about youth in a democracy
January 9 th , 2017 economy	Talk by the PNB	Session on how cashless Branch Manager works
March 2017	Disaster Management Workshop	TDos and Donts during a disaster
March 22 nd , 2017	Water Day Oath	Judicial use of resources
March 23 rd and 24 th , 2017 Convention	Nexus	Annual Academic Youth
April 3 rd -7 th , 2017	Autism Awareness Week	World Autism Day Day

In keeping with the tradition, NSS LSR hosted a massive and successful Diwali Mela in the month of October. 'Noor' as the name suggests, aimed at bringing light and happiness to everyone who NSS LSR can reach out too. Our respected chief guests, Ms. Dakshita Das, (Joint Secretary for Ministry of Roads) and Mr. Shailendra Singh (Chairperson of the South Delhi Municipal Corporation) graced the mela and officially inaugurated the mela, marking the beginning of Noor. Children from various NGOs associated with NSS LSR, such as Tamana, Adhyayn, Koshish, CDP, Indradhanush, Udyan Care, DCWA and Shanti Sahyog, had come to be a part of the mela. LSR's own entrepreneurial venture, Basta: Waste to Worth, put up a stall at Noor and made profits worth Rs. 10,000, the proceeds of which were given as income for rural women from Zamrudpur village. Overall, the children who visited from different NGOs and the other people who visited Noor went back with a smile and the volunteers too returned home with a sense of accomplishment and joy. Noor embodied all that NSS-LSR wished to bring in this Diwali: Light, Happiness and Hope.

Another landmark event was Nexus 2017, the annual academic youth convention of NSS-LSR. This year Nexus started a dialogue on the role of Civil Society. Students across Colleges participated in various events held to discuss issues like UN Sustainable Development Goals, Child Rights, Women's Reproductive Health and Corporate Social Responsibility. This year street wall art was also undertaken in which children from the NGOs' such as *Adhyayan*, *DCWA*, *Adharshila* and *Tamana* visited the College and demonstrated their creative skills by helping the artists complete the mural. After two days of intense debating, brainstorming, and learning, Nexus 2017, the annual academic convention of the National Service Scheme came to a close with the closing ceremony- 'Valedictory Insights'. The closing ceremony took place in the esteemed presence of the Chief Guest, Madam Durga Shakti Nagpal (IAS Officer) and the Guest of Honour, Madam Amrita Banerjee (IFS Officer and alumnae of LSR). The Nexus movie was presented showing the journey of NSS thus far and the pre-nexus preparation events and the fun-filled activities which happened on both the days of the convention. Prizes were distributed to the winners of the competitive events by the Chief Guest and the Guest of Honour.

Other highlights of the year were celebration of the yoga day, observance of the Swachhta Pakhwara week in which volunteers created awareness on the need to keep the College premises clean and also keep adopted village Zamrudpur clean. Through the year workshops were held on various issues like disaster management, gender sensitization, going cashless and on 'women and health' by Goonj, among others. A Voter's oath day was observed to raise consciousness about youth's role as voters in a democracy and Water oath day to raise consciousness about the importance of judicial use of resourses, especially water.

2nd April is universally celebrated as the World Autism Day and to commemorate the same, NSS-LSR hosted an 'Autism Awareness Week' in college from 3rd April to 7th April. Tamana, Muskaan and Four Steps, the special needs projects associated with NSS-LSR took the lead and conceptualized the week. On 6th April, an open mic Slam Poetry event was held in the common room. The theme of the event was 'Mental Health'. Students flocked in to attend the event and a lot of them performed as well.

Thus the academic session 2016 -17 has been a vibrant one for NSS at LSR as all the volunteers put in their best efforts, living up to the LSR values of *Leadership with Social Responsibility*.