

Voluntary Agency Placement Programme (2021)

The Voluntary Agency Placement Programme (VAPP) at Lady Shri Ram College made an attempt to reach out to the student community during the pandemic by providing a shared space for students to engage with organizations working in the development sector on various psychosocial and economic issues.

In April 2020, VAPP, in collaboration with Pravah, organised a session titled "Holding onto Hope: Empowering Youth to lead social action through the realms of their homes". It was followed by an "Angel Therapy" session conducted in collaboration with Navyam to help students find their own ways of meditating in quarantine. Addressing issues of mental health during Covid-19 situation, a Meditation session by Ms. Pragya Lodha, a clinical psychologist and psychotherapist, was organised which helped students to cope up with increased anxiety levels during the pandemic. A session to spread awareness about 'Child Sexual Abuse' conducted in collaboration with ARPAN, sensitized students and rendered answers to many apprehensions.

In March 2021, an event on "Art Therapy" was organized that involved discussions on movement and visual arts in a creative manner. With the purpose of introducing fundamentals of personal finance, a session on "Financial Awareness" was coordinated by VAPP. Building on the insights gained through the session on child sexual abuse, a session titled "Fostering Hope: An Insight into child adoption in India" was organized in collaboration with Catalysts for social action. In addition, an online competition "Reel the reality" was organized which involved submissions from the student body in the form of videos on socially relevant issues.

VAPP circulated various volunteering opportunities among the student body and also participated in the #choosetochallenge on Women's Day on social media. VAPP released its monthly magazine "PULSE" on the topic "Covid Experiences and Impact" and the newsletter "INSIGHT" on the social development sector covering issues ranging from women-led micro businesses to entrepreneurs spearheading change towards a sustainable world.

