

National Cadet Corps (NCC)

2016-17

NCC at LSR remained vibrant throughout the year. The cadets organized and participated in events both inside as well as outside the college.

PROMISING DAY PARADE

With the college reopening, the NCC Orientation resulted in the induction of several new cadets into its fold. They were officially sworn in on the Independence Day Celebrations. NCC also had its annual march on the day, embarked on flag hoisting and had a cultural event on the occasion. Promising Day parade was organised by the National Cadet Corps, of the college on 12th August. This was witnessed by a large number of college students and the college staff. The programme begun with the arrival of Principal Dr. Suman Sharma escorted by the pilots, JUO Shelly Nandwal and JUO Nandhnee Kannan. 4 DGBN AO Captain Shubhra Verma graced the event with her presence. JUO Deepakia Meena commanded the contingent of newly enrolled cadets who took oath to commit themselves to the NCC, the country and its citizens. SUO Pallavi Meena greeted the Principal with a salute and offered her the oath.

SWACHH BHARAT ABHIYAN

The LSR NCC participated in the Swacch Bharat Abhiyan organised by 4 Delhi girls Battalion in Safdurjung Enclave on 28 September 2017.

COMBINED ANNUAL TRAINING CAMP, JUNE

Combined Annual Training Camp was held from 13th to 23rd June 2016 at the DGNCC parade ground, Delhi cantonment. The camp was conducted by 4 Delhi Girls Battalion and 44 cadets from our college attended the camp. 17 schools and colleges took part in the camp under the Dy Camp commandant -Sub Maj Swaran Singh, Camp Trg Sub Maj- Sub Maj Samer Singh and BHM-Sukhabir Singh. The cadets were given a brief on the history and evolution of NCC. Classes on map reading, leadership, field craft and battle craft were held. The cadets were also trained in handling rifles, drill and rifle drill. Kho-Kho, Kabaddi and volleyball matches were held. The cadets were taught Yoga, which they performed on the 21st of June, the International Yoga day. Cultural competitions like solo song, solo dance, group song and dance were also organised. LSR came first in the group dance competition and reached the finals in the Kho-Kho match. The winners performed in the closing ceremony which was presided by Commanding Officer Lt Col Nitin Chauhan.

Four cadets from our college were selected for the Thal Sainik Camp and seven went for rifle firing. SUO Pallavi Meena was presented with a certificate of appreciation for being the cultural in charge.

HIMACHAL PRADESH TREKKING CAMP

Seven cadets from Lady Shri Ram College SUO Pallavi Meena, Cdt. Neha Narwal, Cdt. Katyayani, Cdt Mannu, Cdt. Vaishali, Cdt. Garima Chander and Cdt. Sandhya Saini represented Delhi directorate at Him trek 2016 held from 27th June 2016 to 5th of July 2016. This was a national level camp organised by 3HP COY at Duttanagar, Shimla under the guidance of Col. R K SHARAM. The base camp was set up at two locations one at Duttanagar

and second at Majhewati. Cadets were taken for tour to Historical places, Temple and Hydropower plant.

Cultural competitions were also held during the camp in which Cdt. Vaishali got bronze medal in solo song and Delhi Directorate got gold medal in Group Song competition. Cdt Mannu got silver Medal in master of ceremony. It was an enriching experience for all the cadets who explored new terrains and got a different training experience.

ROCK CLIMBING TRAINING CAMP

Rock Climbing Training Camp (RCTC) took place at SSB training centre in Pauri, Uttarakhand from 27 September - 2 October 2016. Rock climbing, Rappelling, Trekking, Cultural Programs and various activities were held during the camp. More than 200 girl cadets from about 8 directorates were present at the conclusion of the camp on the premises of the Sashtra Seem Bal at Kandoliya in Pauri district.

3 cadets of our college were selected to represent Delhi Directorate at RCTC. Cdt. Aishwarya Agarwal, Cdt. Namita Barwar and Cdt. Shubhra Aggarwal were a part of Senior Wing, Delhi Directorate. They took part in all the activities conducted during the camp. Cdt. Aishwarya got gold medal for Best Anchor. The camp was a great learning experience for all of them.

THAL SAINIK CAMP

Thal Sainik Camp (TSC) is a 12 day camp conducted in Delhi every year in the late autumn in which cadets are selected from all of 17 directorates, and are sent to the TSC to represent their respective directorates in the various competitions such as Obstacle Course, Map Reading, Firing and Home Nursing etc. This year it was from 19 September, 2016- 29 September 2016 in which 4 cadets from our college were part of pre TSC's – Cdt Sunita, Cdt. Sandhya, Cdt. Sakshi Tomar and Cdt Irom Jenny Devi and three of them successfully completed it. They took part in all the activities that were held during the camp. Delhi Directorate got 8th rank all over India.

CLOSING CEREMONY OF NCC NATIONAL GAMES 2016

The closing ceremony of the NCC National Games was held on 26th October 2016, in Parade Ground, with the Defence Minister as the Chief Guest. Several events took place in the ceremony and five girls from our college participated in Aerobics.

YOUTH EXCHANGE PROGRAMME, VIETNAM

SUO Monika Banerjee represented India in the Youth Exchange Programme (YEP) Vietnam 2016. The camp was held from 2 October 2016 - 13 October 2016. Monika travelled throughout Vietnam for ten days, soaking in the culture and adventure the programme had to offer. In doing so, she truly embodied the essence of NCC YEP: gaining an 'increased awareness and appreciation of each other's socio-economic and cultural realities'.

AMAR JAWAN JYOTI 2016

Every year on the 4th Sunday of November, NCC Day is celebrated. AJJ is also conducted on the same day in which all regiment officers take part to pay tribute to martyr soldiers at India Gate. This year it happened on 26 November 2016 in which Cdt Pushpa Repaswal got the

opportunity to do Wreath Piloting. This was for the first time in the history that 2 girls were selected as wreath Pilots.

COMBINED ANNUAL TRAINING CAMP, AUGUST

The camp was organized from 19th December - 28th December, 2016 in Safdarjung Enclave by 3DGBN. It witnessed the participation of around 180 CATC students and the ones who had successfully cleared cadre I and II of RDC.

It consisted of a diverse crowd with students from a variety of colleges (including 14 students from LSR) all over Delhi and even Open University. Under the leadership of Colonel A.K. Dalal, the cadets were enlightened on a variety of aspects related to history and evolution of NCC.

Theory classes on Map Reading, Leadership and Rifle Training etc were held during during the camp. The evenings consisted of cultural competitions to add to the overall personality of the students which included Extempore, Dancing, Singing, Quizzing, Poster Making etc. All of the winners were felicitated during the closing ceremony on the last day of the camp. LSR won in Solo Dancing, Group Song and Extempore competitions.

It was a memorable experience for all those who were a part of it.

NIC GUNTUR

National Integration Camp- III was organised by 25 (A) Bn Guntur, Andhra Pradesh in Acharya Naga Arjuna University from 10 January 2017 - 21 January 2017.

16 Cadets were selected to represent Delhi directorate at National level from different colleges of University of Delhi and Battalions. SUO Pallavi Meena, JUO Shelly, Cpl Shivani, Cpl Rakhee, Cpl Sunita and Cdt Priyanka from LSR got the opportunity to represent Delhi Directorate. SUO Pallavi Meena was assigned as the Camp Senior . All directorate promoted, executed and functioned on the prime moto of NIC i.e Unity in Diversity. Several cultural programmes were organised such as group dance, group song, solo dance and song etc. Also, an educational trip was organised for the cadets so that they can gain more knowledge about the area where they have come for the camp that included ASI site Undavali Caves, Amravati and Guntur Bird Sanctuary.

Delhi Directorate got 6 Prizes in total including 2 Camp Under Officers, 3MC and 1 RP senior. JUO Shelly and Cpl Rakhee were Master of ceremony for the closing ceremony of the camp.

It was a wonderful journey of NCC life and great experience indulged with lot of respect, unity and discipline.

REPUBLIC DAY CAMP, 2017

In January, NCC participated in the Republic Day by marching and unfurling the national flag in college. Cadet Tamanna represented the Delhi Directorate in the Republic Day Camp 2017, held at Rajpath. JUO K. Nandhnee also participated in the cultural programme held at the central level in the Rashtrapati Bhavan. The Vice President, Chief of Army Staff and Chief of Naval Staff were among the dignitaries they met. This shows that NCC's activities and drive this year meets the aim of 'organizing, training and motivating youth with leadership qualities in all walks of life.

INTER COLLEGE NCC COMPETITIONS

For the first time, LSR NCC participated in the Annual NCC fests across Delhi University in various competitions such as Drill Competition, Cultural competitions, Athletics, Photography, Quiz and Debate Competition.

Cdt. Jaskirat Kaur won first prize in photography and Cdt. Sanjana won second Prize in Solo Dance and LSR won second Prize in Group Dance in Kamla Nehru College.

Cdt Chathriya won consolation prize in debate competition in Kirori mal college.

Cpl Shubhra and Cdt Shweta Lamba won 1st prize in Quiz competition and LSR won the second position in Group Dance in Shaheed Bhagat Singh College.

VEERANGANA 2017

When one talks of a brave ,independent and strong woman, one talks of “Veerangana”, representing courage, excellence and selfless sacrifice. We all have a “Veerangana” hidden in each one of us. It’s about the right time and situation where we actually showcase it. Fortunately at Lady Shri Ram College we live by it every day. On 22nd of March 2017, we came together to celebrate strength, womanhood, brilliance and togetherness, the 2nd Annual NCC Fest of LSR, VEERANGANA 2017.

In the previous edition, like the pioneers we tried to incorporate the entire idea of one day NCC fest in a hope of maintaining the quality and legacy of the same for years to come. However Veerangana 2017, showcased prototypes of events on a much larger basis, entailing a much larger audience. Our Guest of Honour Group Captain T S S Krishnan graced us with his presence and from there we started on a journey of absolute fun and learning.

Events that made this edition even more special includes- Squad Drill, Quarter Guard, Treasure Hunt, Obstacle Race, Group Dance, Group Song, NCC Quiz, Section Attack, Aero modelling flying show, among others. The day summarised by an enlightening address by our Principal Dr. Suman Sharma and NCC Incharge Ms Meenakshi Pahuja, followed by the prize distribution ceremony and beautiful classical dance performances by our own talented NCC cadets. Veerangana 2017 was indeed a learning experience and an amazing platform for showcasing their abilities and skills.

As observed throughout the year, the NCC cadets have set many benchmarks this year and have brought laurels to the college. They have made the college, Delhi Directorate as well as the country proud through their great zeal and enthusiasm, setting new standards of excellence and living up to the motto of ‘Unity and Discipline’.

2017-18

NCC Orientation

New entrants started their journey in college with the onset of a new academic year of LSR College. National Cadet Corps (NCC) of LSR conducted an orientation on the 27th of July 2017. The Union of NCC, LSR and the entire team guided by Ms Sarika Kalra (NCC in-charge) presented the NCC organisation at the orientation. SUO Shivani Rehal addressed the freshers at the orientation and informed them about various aspects regarding NCC in detail. The freshers were informed about the objective of NCC which is “Unity and Discipline”, information was given about the NCC flag, B and C certificate acquired after completion of NCC in college, various events and camps that were undertaken the year before as well as the annual fest Veerangana. Along with these, JUO Namita also addressed the freshers regarding certain procedures and activities that NCC entails. The orientation was brought to an end with the NCC song “*Hum Sab Bhartiya Hain*”.

Promising Day Parade

The event saw the impeccably dressed NCC cadets marching together at the flag area in the back lawns of the college. The squad of strong enthusiastic women cadets exhibited the spirit of unity and discipline on the parade ground. Amidst the perfectly aligned berets and heekles, the National flag was hoisted by the Principal of the college. This was followed by the oath taking ceremony where the NCC president SUO Shivani marched proudly and handed over the promising note to the Principal. That moment filled every cadet’s soul with pride and commitment to serve their nation. The event was attended by the teaching and non teaching staff. The event was a grand success.

Speech Competition

The Hindi department and NCC unit organised a speech competition on 9th Nov 2017 in collaboration with Delhi Public Library on the topic “*Swachh Bharat, Samarth Bharat*”. NCC cadets took part in Swachhta Abhiyan, and they cleaned the roads and parks. The Delhi Public Library decided to organise a speech competition in LSR College after seeing the efforts of the students to keep the campus and capital clean. They awarded the winners. Cadet Manjula Tiwari won consolation cash prize in the event. They even increased the number of prizes and amount after seeing the enthusiasm of participants. There were several participants from other departments as well.

Advance Leadership Camp, Agra

Advance Leadership Camp was held at Anand Engineering College, Agra from 21st Aug ’17 to 1st Sep ’17. Two cadets from Lady Shri Ram College Cpl Sonia Singh and Cpl Anchal Singh represented Delhi Directorate in this camp. The main aim of the camp was to inculcate leadership skills in the cadets and guide them about the SSB interview. In this 12-day camp, theory classes were conducted every day for the cadets. They started their day with yoga and were taught the curriculum of the SSB interview. Cadets also participated in group discussions to enhance their communication skills. They were encouraged to speak on any topic put forward in order to end hesitation. The cadets were also taken for a tour in the city where they visited the Taj Mahal and the Agra Fort. They were also shown a motivational movie, LOC Kargil. Moreover, the camp organised an essay writing competition in which both our cadets participated. During the camp’s closing ceremony, Brig PS Sangvan addressed all the cadets and motivated them. The camp was an enriching experience and crucial for the future of the cadets.

Combined Annual Training Camp, August 2017

69 cadets from LSR College attended the Combined Annual Training Camp (CATC) which was held from 22nd Aug to 31st Aug 2017 at Safdarjung Enclave. The cadets performed extremely well at the camp with the group song team bagging the 2nd place in the competition. Active participation was seen in all the other activities as well. The SUO and College Heads worked hard to maintain the spirit of unity and discipline throughout and played a vital role in organizing everything. The college was praised by the CO for its performance.

Plantation Drive

On 21st August 2017, NCC LSR organised a plantation drive in the campus. To highlight the fact that one doesn't need a particular day or an occasion to get close to our life givers, the cadets took the step forward and adopted 3 trees each. Cadet Mehak, Cadet TenkyiDolkar and Cadet Pavithra actively participated in this programme along with the Dr, Sarika Kalra, the Staff Advisor and Union members.

Poster Making Competition

NCC LSR organised a poster making competition during the 'Swatchta hi Sewa' week. 97 Cadets participated in the competition. CDT Rashmi Yadav, CDT Rashmi Yadav, CDT Jaya Gola and CDT Tarranum Khan were shortlisted for the next round of Cadet of the month-October. It was a successful event.

Combined Annual Training Camp, October 2017

CATC was held from 21st October 2017 at 4DGBn, Safdarjung Enclave. This camp was attended by 7 cadets from LSR College who performed to the best of their abilities. LSR bagged the first position in singing competition, second prize in drill competition and also participated in anchoring for the cultural programme.

Para Basic Camp, Agra

Cadet Devayani Singh of Lady Shri Ram College represented Delhi Directorate at The Para Basic Course at the Para Troopers Training School, Air Force Station under the aegis of Army Airborne Training School, Agra. The Course was conducted from 1st September to 22nd September 2017. At the camp she had to go through vigorous training for 12 days after which she had a test which would determine whether she would be allowed to do the Para Jump. After clearing the test, she had 3 Para Jumps from the AN-32 Aircraft. After the jumps she was awarded with the para wings.

Mahavalankar Shooting Camp, West Bengal

Cadet Kavya Khurana represented Delhi Dte. In All India Inter Directorate Shooting Championship held at Asansol, West Bengal from 25th Aug till 7th Sept, 2017. She was selected amongst 16 other cadets from all across different colleges of Delhi to represent Delhi Dte. She participated in Open 3P event. NCC LSR is extremely proud of her achievement. She says, "The competition was so intense. We felt pressurised to deliver the best results. But, shooting is one such sport, wherein you are your own biggest competitor, and it requires a lot of focus, patience and cool mind. We constantly challenged our limits. But the team, was more like a family. We all had one another's back. It was an enriching experience, that I will cherish all my life."

Pinkathon

Pinkathon, India's biggest women's marathon was created with the purpose of encouraging women to adopt a healthy lifestyle as well as to increase breast cancer awareness. It was held in Delhi on the 17th of September 2017 in which five cadets from LSR College took part under the 3KM marathon category. NCC girls ran the marathon under the banner of 'Yoddhas', a cancer support group

Rank Allotment

For this Academic year, we had a rank panel of 1SUO, 3 JUO, 6 Sergeant, 7 Corporals and 1 CHM as per date 31st October 2017. After the rank allotment done on 1st November 2017, We now have a rank panel of 1 SUO, 3JUO, 1CHM, 6 Sergeant, 12 Corporal and 10 Lance Corporal. Rank of Lance Corporal has been introduced in NCC LSR from this academic year itself.

Kanchan Surya Trekking Camp, Namchi-Sikkim

All India Trekking Camp- Kanchan Surya Darjeeling Bagan Sikkim Trek (Girls) - 2017 was organised by 4 DGBn NCC at Namchi, Sikkim from 13th November - 23rd November 2017. 7 cadets were selected from LSR College and SUO Shivani was made the camp senior from Delhi directorate. It was a 5 day trek. Starting with a visit to Mamli village on the first day which covered a total of 8 Kms, on Day 2 it was followed by a visit to Rock garden and Samdruptse Monastery via ropeways, covering a total of 13 kms. A vigorous trek to Chardham was undertaken on the 3rd day which covered 19kms. The last trek was to ITI College covering 12kms and finally on the fifth day, the cadets were taken to Namchi bazaar.

Thal Sainik Camp

Lady Shri Ram College's NCC Cadet Monika Kumari Mishra has made the college proud with her participation in the prestigious Thal Sainik Camp 2017. She was selected from the Unit on the basis of her drill performance and interview. After that, with a commendable performance, she got her name entered in PRE TSC-1 for which the selection was based on the following: 1. Physical test 2. Firing test 3. Written test With her untiring efforts, she was able to successfully make it through various kinds of selection methods and reach the final stage of the Thal Sainik Camp. Her name was selected for the judging distance competition based on a random selection, in which there was a written as well as an oral exam. Her team bagged the 4th position in the same. They also secured the 2nd position in Line Area. Due to the relentless efforts by her and her team, Delhi was able to secure the 7th rank out of the 17 Directorates. The college is proud of her wonderful performance.

Youth Ki Awaaj

On 8th November 2017, YKA in collaboration with NSS-LSR and NCC-LSR, organized a workshop for its new campaign “ #JetSetVote” launched with the aim of inculcating voting habits among the millennials who recently reached the legal voting age. The event was conducted by Ms. Rajkanya, an LSR alumna who has been associated with the organisation since 2012.

National Integration Camp- III, Maihar

NIC - III National Integration camp was organised from 1 December 2017 to 12 December 2017 at Maihar district in Madhya Pradesh. Cadets from almost 16 directorates participated in the camp. 6 Girl cadets (SW) and 10 boy cadets (SD) represented Delhi Directorate in the camp. Several competitions were held , namely ; group dance, group song, solo dance, solo

song, group discussion, debate, extempore, rangoli making, tug of war, NIAP and buddy competition. Delhi Directorate participated in every competition and scored 1st position in group discussion, runners up in quiz competition and 3rd position in extempore. 2 cadets bagged 1st and 2nd position in buddy competition. Apart from the competition, some other events which took place were, trip to zoo arveva district, where the cadets got an opportunity to see the white tiger. The camp area was located very close to the hill where the famous Sharda Devi temple is situated. So, the cadets also visited the temple. It was an enriching experience for the participants.

Pre-Republic Day Camp

Republic Day camp is one of the most prestigious camps that a cadet has the opportunity to attend. It entails a long process of selections for the final Republic Day Parade at Rajpath. CPL Pooja Sharma and LCPL Nidhi Jha from LSR attended the Pre-RDC 1, while LCPL Varsha Kapoor attended the camp till Pre-RDC 3. The camps were organised in November-December at 4DGBn, Safdarjung Enclave and saw participation from various schools and colleges in large numbers. The groups were mostly divided into Drill and Cultural. While the fall in time used to be 5:30 am for everyone, the cultural team used to practise for drill till 11:30 am and then the culturals till 11:30 pm at night. On the other hand, the drill team used to practise for the drill from 5:30 am to 6:00 pm. Despite the fact that the camps were hectic and required a lot of hard work, the cadets describe it as an extremely enriching experience where they made memories, new friends, and most importantly, learnt a lot about crucial aspects of NCC and leading a disciplined life.

Talk Show

A group of 10 students were selected to attend a talk show on 31st Jan 2018 which was held at Central Park in Connaught Place. The Deputy CM of Delhi was called as the guest of honour. Students in large numbers from various schools and college participated. The show began with a mesmerising singing performance by a Guinness world record holder followed by an interactive learning session with Dr. Shikha who enlightened everyone about child abuse awareness and dealing with stress and anxiety. Different forms of dances were also showcased by school students who travelled from various places to Delhi. The stage was set on fire when the theatre group performed an act on Sexual Harassment and Gender Bias. They feature all kinds of problems a girl faces in Indian society through NukkadNatak. Overall it was an enriching experience.

PRE- VEERANGANA EVENT

Rangoli Making Competition

The decor team of NCC LSR organised a workshop on Rangoli art on 8th of February this year. The workshop aimed at acquainting the cadets with various techniques of making Rangoli colours. Decor team, addressed the students about the same. They stated that crystal salt, rice powder, Rangoli Powder, cement and sand can be mixed with the colours to get desirable results. The result of each of the mixture was shown to the students. The mixture produced was stored to provide to the teams that would be participating in the Flag Area competition as a part of Veerangna, the NCC fest of LSR. The workshop proved to be a perfect beginning for a colourful and glorious event such as Veerangana where students got to celebrate all colours of life in the most cost - efficient and attractive manner.

Obstacle Race

As a pre-occurring event of Veerangana, obstacle race was held on 15th Feb '18 in the Flag area, appropriately equipped with all necessary props. The track was divided into 5 sections where each section had to be completed properly. Participants had to complete the spoon and lemon section in the first, followed by backward running, zig-zag run sprint coupled with sack race. They had to pull down the sack and hop over multiple rubber tyres placed on the track. After overcoming the hurdles, participants had to run to the finish line. This process was repeated multiple times through different set of participants. Each and every cadet made sure that they actively cheered for the participants and the turn out was very good. The winners were facilitated with exciting awards.

Participation in other college fests:-

Our cadets also took part in various NCC Fests at different colleges with utmost enthusiasm! The latest achievements are Second place in Group Song competition at Sangharsh '18, ASRD College; Second place in Solo Dance competition (Cdt Nidhi Jaiswal) at Prakram '18, Dyal Singh College; Second place in Drill competition (SW) at Prabal '18, PGDAV College; Second Prize in Group Song at Chunauti'18, Shaheed Bhagat Singh College.

VEERANGANA - The Annual NCC LSR fest

Veerangana, the annual fest of National Cadet Corps, Lady Shri Ram College for Women was held in the college premises on the 27th of February 2018. It was the third edition of the fest and saw enthusiastic participation by the NCC Cadets of LSR as well as other colleges. Celebrating 15 years of glory and excellence of LSR's NCC, Veerangana '18 witnessed a commendable footfall of about 700 cadets where 25 colleges participated actively. As a prelude to the main fest, certain Pre Veerangana events were held namely Rangoli Colour Making Competition and Obstacle Race both of which were a great success. On the day of the fest, a number of events and competitions were organised which included Drill competition, Quarter Guard competition, Flag Area competition, Cultural competition, photography competition, treasure hunt and quiz. Among the special attractions were - Symposium and an enthralling Section Attack Display. The presence of our eminent chief guests Gp. Capt TSS Krishnan, Lt Col Vishnu Sharma, Lt Col Surender Singh and Wg Cdr Sumeet Malhotra made the occasion all the more remarkable. The NCC Alumni of LSR also graced the occasion. As the day proceeded, cultural events held at the auditorium were a great success; the main attractions were the movie screening "Behind the scenes of Veerangana" and the much awaited newsletter launch which was an account of every event and achievement all year long. The entire event could not have been possible without the support of our respected Principal Ma'am - Dr. Suman Sharma and NCC Incharge - Dr. Sarika Kalra. They acted as pillars of our strengths who not only went of their way to help us but also inspired cadets for a successful conduction of VEERANGANA'18. At the end of the day, Veerangana '18 was a tremendous success and an enriching experience for each and every cadet of NCC LSR.

2018-19

NCC-LSR is a organisation which teaches students unity and discipline and provide defence training. This organisation is not just about left-right-left it caters a lot more than that.

NCC-LSR started its Annual practice from August 1, 2018 and gave first performance of the new session on the occasion of Independence day. This year we organised many events such as speech & poster making on cleanliness, street play, paper recycling workshop, Surgical strike March, Intra-College obstacle race for all college students. First time, we organised Intra-College Drill Competition (ICDC) to enhance the performance of cadets. Our cadets, *JUO Tarannum Khan* and *CDT Mehak Saini* completed **Republic Day camp**. NCC-LSR proudly announce that Mehak Saini is now going to represent the country in Vietnam under the **Youth Exchange Programme** that is organised by National Cadet Corps. Also, *LCPL Monika Yadav* successfully completed **Thal Sainik Camp**. Cadets from our college have also completed the following camps - all India girls trekking expedition, Chief Minister rally, army attachment , para sailing, Ajmer trekking, Kanchan surya trekking camp, advance leadership camp and Ek Bharat shresth Bharat in Delhi, Kolkata and Namchi. Veerangana - the Annual NCC-LSR fest was a huge success. Commanding Officer Colonel Virinder Singh's brilliant words filled inspiration in many enthusiastic cadets. Our cadets have actively participated in various college fests in drill, guard, cultural, etc. The biggest opportunity came when NCC-LSR got the chance to welcome the navy staff on March 6, 2019. NCC cadets worked whole-heartedly and played a crucial role on the arrival of Chief of Naval Staff Admiral Sunil Lanba. We also conducted awareness poetry session on Water Day and awareness march on the topic digital library. In the previous academic year we organised following events:- Rank panel ceremony (19th April 2018), Yoga day camp(19 June 2018- 22 June 2018), Promising day parade (14th August 2018), March for road safety (27th July 2018), Talk on swachhta (19th September 2018), Talk and march on surgical strike(29th September 2018), Intra college drill competition (1st November 2018), **Pre Veerangana Events** - Obstacle Race and Paper recycling workshop, **Veerangana - Annual NCC fest** (26th February 2019), Poetry session on world water day (22nd March 2019), Foot policing on digital Library (12th April 2019), Rank Panel ceremony (12th April 2019)

PRIZES WON

<u>Name of the competition</u>	<u>Organised by</u>	<u>Prize</u>	<u>Participant name</u>
Drill competition- in CATC	NCC headquarters	1st position	Drill team members
Group Singing	NCC headquarters	2nd position	Cultural team
Poster making	NCC headquarters	3rd position	CPL Urvashi Dinkar
Essay writing	NCC headquarters	3rd position	CDT Sravya Vemuri
Drill competition	SGBT Khalsa College	1st position	Drill team members
Solo Dance	Indraprastha College	1st position	CDT Vatsala Jindal

2019-20

NCC-LSR is a organisation which teaches students unity and discipline and provide defence training. This organisation is not just about left-right-left it caters a lot more than that.

PROMISING DAY PARADE

On the 73rd Independence Day, the Promising Day Parade was held where the newly enrolled cadets took pledge to serve the nation with all their capabilities. The ceremony began with Dr. Suman Sharma, the Principal of LSR, addressed the gathering of 70 cadets and many other college students. It was followed by the drill of cadets and the national anthem. It was a remarkable start of the new session.

INTRA COLLEGE DRILL COMPETITION

NCC LSR successfully organised its 2nd edition of Intra College Drill Competition (ICDC) where five groups competed with each other. NCC LSR alumni judged the competition and shared their experiences with the juniors. Overall, 76 cadets took part in ICDC. The competition commenced with ANO Lt Dr. Sarika Kalra ma'am felicitating the new rank holders and the ceremony ended with giving away certificates of appreciation to the winning teams and their mentors.

SHAURYAVAT PARAKRANTI

Shauryavat Parakranti, the small scale replication of night drill at IMA was organised by NCC LSR,

becoming the first college to do this. 35 cadets after vigorous practice have shown exemplary performance. The Commanding Officer being the guest of honour, appreciated the efforts of each cadet and their mentors. The cadets demonstrated various human formations ending with NCC LSR.

COLOUR OF UNITY

Colours of Unity was one of the most colourful and memorable Pre- Veerangana events. On 6th February 2020, 105 cadets of NCC LSR left their impression on the white banner and painted it all in the vibrant NCC colours with hand prints. All NCC Cadets got their face painted with red, dark blue and light blue, the NCC Colours. Since unity is one of the mottos, this Pre Veerangana event was truly a resemblance of it.

TUG OF WAR

Tug of war was held as a part of Pre-Veerangana on 6th February, 2020. It was conducted for the non-NCC students of LSR. A huge number of 105 students took part in the event under the supervision of two event heads. The winners were given mementos in the form of special badges.

OBSTACLE RACE Obstacle race, a pre-Veerangana event was organised on 6th February, 2020. Huge participation of 101 students participated in the race. The event was conducted under the supervision of two event heads. The race included various hurdles and was a 100 metre long race. The winners were given a token of appreciation and badges of Veerangana.

VEERANGANA

The annual event of NCC LSR, Veerangana, was held on 5th March, 2020. Various competitions of drill, guard, photography, extempore and cultural events were hosted. 130 cadets of LSR and close to 400 from various other colleges participated in the fest. The day

began with the Guard of Honour followed by Shauryavat Parakranti- the night drill, cultural events and ended with the prize distribution ceremony. It was addressed by the Commanding Officer and PI staff. CO Sir appreciated the efforts of each and every cadet who made the day a huge success.

Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year:

SWACHH BHARAT ABHIYAAN INTERNSHIP

In the month of July, a team of 10 NCC LSR cadets under the guidance of a team leader registered

themselves for a month-long internship under the Swachh Bharat Abhiyaan launched by the Honourable Prime Minister, Narendra Modi. Skits were performed, rallies were conducted and interaction with children in schools, NGOs were done in order to help them understand the importance of cleanliness and basic sanitation.

SWACHHTA ABHIYAN

"Swachhta Abhiyan" was organised to spread the message of cleanliness on 14th December 2020. 43 students participated in this campaign under the guidance of their seniors who coordinated all the activities under this campaign. It was held within the LSR campus.

CHILD ABUSE PREVENTION DAY

NCC, LSR organised a Nukkad Natak on "Bekhauf Bachpan" on the occasion of World Day for Prevention of Child Abuse. It was initiated as an awareness drive under the supervision of the seniors and 14 NCC cadets marched in the college with banners and placards showcasing the evils of child abuse.

KARGIL VIJAY DIWAS

Kargil Vijay Diwas is celebrated in India on 26 July every year in honour of the Kargil victory and the

Kargil War Heroes. 13 cadets of NCC LSR performed a Nukkad Natak "Shahadat" in the presence of

ANO Lt Dr Sarika Kalra saluting the courage of our brave hearts. Entire college witnessed the story of Kargil war heroes beautifully portrayed by the NCC cadets.

LIGHT CONSERVATION DAY

Energy Conservation Day is celebrated on December 14 every year. 15 Cadets of NCC LSR took an initiative to create a video together to send messages of importance of energy conservation in every area of life. This activity was supervised under provision of 2 teachers. The video encouraged people to use less energy rather than excessive and extravagant energy.

CLEANLINESS OF MONUMENTS

On 18th January 2020, NCC cadets of Lady Shri Ram College for Women visited Humayun's Tomb to speak up on the importance of monuments and their responsibility to preserve them. 39 Cadets took part in this activity and spread awareness regarding upkeep of monuments. The place carried an aesthetic vibe and stood a mute testimony to the history of Mughals. The cadets went to each corner of the monument, got to know in detail about the place from the local guides and an opportunity to speak to the people from different backgrounds.

ANTI-DRUG AND TOBACCO AWARENESS

National Anti-Drug Addiction Day is observed on 2nd October every year. Keeping up the spirit and highlighting the menace of drug and tobacco addiction amongst the youth of our country, NCC LSR on the 30th September 2019 organized a march in the college followed by a Nukkad Natak. 76 Cadets took part in the march and Nukkad Natak in the presence of ANO Lt Dr Sarika Kalra. Nukkad Natak not only showed the dark side of substance abuse but also motivated the youth to walk on the path envisioned by Mahatma Gandhi, who not only condemned the use of drugs but also gave the idea of 'Swachh Bharat'.

INTERNATIONAL YOGA DAY

International Yoga Day is celebrated on 21st June every year. The challenge of maintaining physical activity recommendations is multi fold during the COVID-19 pandemic when social distancing norms are to be followed and advice is to stay at home. 73 cadets from NCC LSR took the initiative to celebrate International Yoga Day by performing yoga at their home and creating their video while performing yoga. This activity was supervised by 2 teachers. Regular physical activity such as Yoga is associated with improved well-being as well as enhanced social and mental health.

AAROGYA SETU

After the outbreak of the pandemic COVID-19, Aarogya Setu, an initiative of the government of India, was launched to keep the public aware of the number of cases, affected zones and symptoms of the virus. Organized by the 4DBGN, under the supervision of mentors, 137 cadets have personally downloaded the app and gave the quiz for a rapid check of symptoms to stay safe.

COVID-19 TRAINING

To be prepared against the drastic COVID-19, rigorous training was given to NCC cadets on various aspects of food distribution, making of masks, spreading awareness etc. This training was completed by 143 cadets of LSR. It also portrayed how efficiently cadets across India selflessly volunteered for different tasks.

III. Gender equity promotion programmes

GIRL CHILD WEEK

As a part of the girl child week from 24th to 30th January 2020, 35 students participated in spreading awareness about various issues concerning the girl child and their rights such as education, liberty etc. Thought provoking posters and slogans were made by cadets and promoted on the official social media handles of NCC LSR.

INTERNATIONAL WOMEN'S DAY

On 8th of March, 2020, NCC LSR proudly celebrated the International Women's day. As a part of it, women and their hard work was cherished. 48 cadets enthusiastically took part in it and video messages for the same were recorded. The real spirit of women empowerment was celebrated with honour on this day.

