# IQAC, LADY SHRI RAM COLLEGE FOR WOMEN REPORT FOR 2020-21

I. Number of extension and outreach programmes conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year:

## **ORIENTATION**

As a part of inducing a new batch into NCC LSR, orientation for the student body of LSR was conducted virtually where they were briefed about NCC, its objective, activities that take place in NCC annually and achievements of NCC LSR cadets. Short clips of activities in NCC were displayed during the orientation. The student body participated very actively and enthusiastically and contributed in inducing a very potential batch of new cadets into the organization.

## INTRA COLLEGE COMPETITION

Intra College Competition 2021 was an internal competition as a part of which cadets of NCC LSR competed amongst each other in various domains of drill, cultural and personality development. A total of 4 competitions were held which were: Best Cadet drill competition, Solo Song, Solo Dance and Extempore. It was a two-day event and the pass-out NCC cadets from LSR comprised the esteemed jury.

Under the Best Cadet Drill Competition, cadets were judged on the basis of the drill test that included tests for power of drill, command, turnout and bearing. It was conducted separately for first year and second year cadets.

The solo song competition allowed the cadets to showcase their disciplined self through music. As it was held virtually, the participants' recordings of songs were played for the audience.

Enhancing the intellectual skills of the cadets, the extempore competition gave a wide domain of topics ranging from general affairs to values and principles. The event gave cadets an opportunity to build up their soft skills.

As a part of the solo dance competition, participants were free to choose any dance form and the competition was open for all the cadets. Recorded performances were played and the competition brought in a subtle cultural touch to ICC '21.

II. Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year:

## KARGIL VIJAY DIWAS

Kargil Vijay Diwas, which was named after the successful operation Vijay, is celebrated on 26th July to honor the Kargil war heroes. Since then, the day is celebrated in the Kargil-sector and the national capital New Delhi as 'Kargil Vijay Diwas' to rekindle the pride and valor of the soldiers who took part in Operation Vijay. Various programs were organized to commemorate their sacrifices and contributions. Cadets attended a wonderful session centered towards the contributions of brave soldiers for the nation. A short poem by LCPL Aditi Rawat ignited patriotism in each cadet.

## TREE PLANTATION

On 12th July 2020, NCC cadets from all three years volunteered for the tree plantation activity to spread awareness about the increasing loss of trees in our environment and its impacts. Cadets participated in this task by volunteering to click a photograph planting a sapling at their respective places.

## YOGA DAY

NCC LSR virtually celebrated International Yoga Day on 21st June, 2021. Every cadet performed Yoga at their respective homes. As a part of Yoga Day, cadets practiced various yoga asanas like Padmasana, Vajrasana, Navasana etc. Short videos of them practicing yoga were sent by cadets and they also participated in the online Yoga quiz.

## <u>NUKKAD</u>

Themed on Atma Nirbhar Bharat, the nukkad natak aimed to spread the importance of local and self-reliance. It emphasized the need for localization and explicitly explained the economic, cultural and domestic aspects of localization in a simple way. The play was interesting and at the same time served its purpose too. It was performed by 4-5 cadets and from NCC LSR, Cadet Divya and LCPL Muskaan took part in the play. The act was performed keeping in mind all the

precautions that were to be taken during the performance. The play was very insightful, suitable for all age groups and received splendid reviews from the audience.

## **VOCAL FOR LOCAL**

As part of the Atma Nirbhar Bharat Abhiyaan, the Government of India has introduced a new slogan "Vocal for Local". To amplify this, NCC cadets have taken part in many activities such as making posters, Nukkad natak, and taking pledges confirming their support for the vision. Cadets used social media as the main platform to spread the importance of supporting local vendors, small scale enterprises and indigenous products.

## FIT INDIA CAMPAIGN

Cadets, in order to emphasize on the importance of physical fitness, carried out the "Fit India campaign", and made multiple videos of themselves demonstrating their daily routine of exercises. The exercises performed in the videos can be performed by people of every age group and of every fitness level. Promoting the initiative of the government of India, cadets showcased how NCC motivates them towards better fitness standards and health.

# RAJGHAT SWACHHTA ABHIYAAN 2021

NCC Swacchta Abhiyan 2021 was organised at Rajghat where the honorable Defence Secretary Dr.Ajay Kumar inaugurated Swacchta Pakhwada at India Gate on 18 January, 2021. The theme of this event was "Clean India, Green India, Yeh hai mera dream India". Ten cadets from NCC LSR got the opportunity to work for the cause. Cadets made posters for awareness of Swacchta Abhiyan to keep our surroundings neat and clean. Nukkad Natak and rallies were held to amplify this initiative. Cadet Vanshika got selected for nukkad natak which happened at the India Gate. Special closing ceremony was organized on 31st January, where cadets were felicitated for their contribution towards the noble cause. This initiative was successful and enriching where cadets showed their creative skills and helped to make it so effective.

## TRAFFIC AWARENESS CAMPAIGN

The activity aims towards bringing awareness in the public with respect to our traffic rules and to ensure road safety. On 11th November 2020, cadets organized an awareness walk at their respective places on road safety and traffic awareness. The cadets went to traffic signals, holding

banners and placards having slogans on road safety and interacted with the public to explain the same.

## ARMY DAY

India observes Army Day on 15th January annually in the honour of soldiers who laid lives in the line of duty. Due to COVID-19, the ceremony was limited to NCC cadets and families of soldiers. Several cadets from different directorates participated with zeal. Drill and cultural programs were performed by different directorate's cadets.

## PM MEET

On 24 January, 2021, PM Narendra Modi interacted with the NCC cadets ahead of the Republic Day. The interaction emphasized our aim as 'Ek Bharat, Shrestha Bharat'. Work of NCC cadets towards the promotion of initiatives such as Swachh Bharat Abhiyan was appreciated and the Prime Minister also distributed awards to the meritorious NCC cadets.

## **HINDI SPEECH COMPETITION**

On 3rd March 2021, a Hindi speech competition was organized by NCC Directorate, Rohini on the topic "Can social media be the right source to solve present time problems?". The motive of this competition was to promote the Hindi language and to remind us of our fundamental duty to speak and add Hindi in our daily lives. Two cadets of NCC LSR: CPL Sejal Verma and CDT Annu Dahiya bagged the first and the third prize respectively. The cadets were awarded prizes by ADG NCC RK Mathur at NCC Directorate, Delhi.

# **STATUE CLEANING**

On 2nd March, 2021, with the motive of cherishing our leaders and their contributions, cadets of NCC LSR reached at the Jawaharlal Nehru Statue and the Dandi March Statue in Delhi to clean the statues and its surroundings. Cadets learned that it's not just on specific days of the year that we should remember and glorify our leaders but we should always carry their contributions in mind.

## **COVID RELIEF**

Considering the ongoing pandemic, NCC constantly kept contributing towards the improvement of the current scenario. Cadets tried to spread awareness on extremely important topics such as COVID vaccination, physical fitness through videos with both Hindi and English as the medium. NCC Yogdan was also launched which made NCC cadets an integral part of helping in managing and distribution of resources to the under-privileged.

# III. Gender Equity (Number of gender equity promotion programmes organized by the institution during the year):

## PROTECTION OF GIRL CHILD AND WOMEN RIGHTS

To promote the critical necessity of protecting girl child and the rights of women, cadets of NCC came up with posters and effective slogans to create awareness and impact on the public about how essential women rights are. Using social media as the medium, the cadets achieved their purpose by enlightening people around them on why 'protecting girl child' is the need of the hour.